

Our Future is Aging:

Multidisciplinary Research Informing People, Policy & Practice



Conference Program

June 2-4, 2025

Mount Saint Vincent University

Halifax, Nova Scotia, Canada



Centre
on
Aging
Nova Scotia

Welcome to

Our Future is Aging: Multidisciplinary Research Informing People, Policy and Practice

Halifax, Nova Scotia

CONFERENCE PROGRAM-AT-A-GLANCE

June 2, 2025

TIME	SESSION	ROOM
1:00-4:00 PM	Pre-Conference Trainee Skill-Building Workshop-Data Analytics Workshop Facilitators: <ul style="list-style-type: none"> • Matthias Hoben, York University • Olga Theou, Dalhousie University • Jeff Poss, University of Waterloo 	McCain Centre, Room 302
1:00-4:00 PM	Pre-Conference Trainee Skill-Building Workshop-Inclusive Research Practices Workshop Facilitators: <ul style="list-style-type: none"> • Christine Sinclair, York University • Suzanne Narian, York University • Carolina Ruiz, University of Toronto 	McCain Centre, Room 105
6:30-8:30 PM	Public Event + Reception A Fireside Chat... Aging Is Our Future: Navigating the Next 50 Years Speaker: Margaret Gillis, International Longevity Centre Moderator: Anne Martin-Matthews	Multi-Purpose Room, 3 rd Floor Rosaria Student Centre

June 3, 2025

TIME	SESSION	ROOM
8:00 AM	Registration/ Morning Coffee	3 rd Floor Rosaria Student Centre
8:30-9:00 AM	Welcome and Opening Remarks – Dr. Janice Keefe Speaker(s): <ul style="list-style-type: none"> • Janice Keefe, Mount Saint Vincent University • Invited Guests 	Multi-Purpose Room, 3 rd Floor Rosaria Student Centre
9:00-10:00 AM	Plenary Session Speaker: <ul style="list-style-type: none"> • Anne Martin-Matthews - Our Future is Aging: Context, challenges and opportunities ahead 	Multi-Purpose Room, 3 rd Floor Rosaria Student Centre
10:00-10:30 AM	Nutrition Break	Atrium, McCain Centre

10:30–12:00 noon	Concurrent Session A - oral presentations A.1 Transformation & Implementation Approaches A.2 Aging in Place-Models, Transition, Access A.3 Factors Contributing to Later Life Health A.4 Retirement & Leisure A.5 <i>Workshop</i> -From Data Collection to Dissemination	McCain Centre Room 105 Room 106 Room 301 Room 401 Room 302
12:00–1:15 PM	Lunch - provided by organizers	Atrium, McCain Centre
1:15-2:30 PM	Concurrent Session B - poster presentations (+competition review) Aging Well/Healthy Aging – B1, B2 Biology of Aging – B6, B7, B8 Care and Support – B3 Care Practice/Clinical Interventions – B4, B5 Dementia – B7, B8, B9 Frailty – B7, B8, B9 Health Care Professionals – B5, B7 Intimate Partner Violence – B5 Research Methodology – B2 Retirement – B2 Sensory Changes – B6, B7	Atrium, McCain Centre
2:30-2:45 PM	Nutrition Break	Atrium, McCain Centre
2:45-4:15 PM	Concurrent Session C – oral presentations C.1 Citizen & Public Engagement C.2 Mental Health & Well Being C.3 Women & Aging C.4 Dementia Across the Continuum C.5 Symposium-Atlantic Research in Long-term Care	McCain Centre Room 106 Room 301 Room 401 Room 302 Room 105
4:00-5:15 PM	Research Connect Forum & Reception <ul style="list-style-type: none"> • Brain Repair Centre, Dalhousie University • Centre of Excellence for Healthy Aging, Cape Breton University • Geriatric Medicine Research, Dalhousie University • Global Aging and Community Initiative, Mount Saint Vincent University • Irene MacDonald Sobey Chair in Curative Approaches to Alzheimer's Disease, Dalhousie University • Nova Scotia Centre on Aging, Mount Saint Vincent University • Canada Research Chair in Healthy Aging, University of New Brunswick • Centre d'études du vieillissement, Université de Moncton • Age Strong, University of Prince Edward Island • Aging Research Centre, Memorial University of Newfoundland 	Atrium, McCain Centre
7:00-8:30 PM	Evening Social – Lobster Dinner at Peggy's Cove	

June 4, 2025

7:30-8:45 AM	Student/Trainee Breakfast	Dining Hall Rosaria Student Centre
8:00 AM	Registration/ Morning Coffee	3 rd Floor, Rosaria Student Centre
8:45-9:00 AM	Welcome and Opening Remarks – Dr. Janice Keefe Speaker(s): <ul style="list-style-type: none"> • Janice Keefe, Mount Saint Vincent University • Invited Guests 	Multi-Purpose Room, 3 rd Floor Rosaria Student Centre
9:00-10:00 AM	Plenary Session Speaker: <ul style="list-style-type: none"> • Charlene Chu – New Frontier in Aging: The Promises and Perils of Artificial Intelligence 	Multi-Purpose Room, 3 rd Floor Rosaria Student Centre
10:00-10:30 AM	Nutrition Break	Atrium, McCain Centre
10:30-12:00 noon	Concurrent Session D - oral presentations D.1 Innovative Partnerships & Collaboration D.2 Care in the Community D.3 Long-term Care Health Human Resources D.4 Underrecognized Social Issues in Later Life D.5 Education Initiatives to Enhance Care D.6 <i>Workshop</i> -Bridging the Gap on Social Isolation and Loneliness in Older Adults	McCain Centre Room105 Room 302 Room 106 Room 301 Room 401 Room 201B
12:00-1:00 PM	Lunch - provided by organizers	Multi-Purpose Room, 3 rd Floor Rosaria Student Centre
12:45-2:00 PM	Plenary Session Current Research on Aging: Opportunities and Enablers for Shaping Knowledge, Policy and Practice Speakers: <ul style="list-style-type: none"> • Lindsay Wallace – Canadian Longitudinal Study on Aging • Melissa Andrew – Canadian Consortium on Neurodegeneration on Aging, Phase III • Carole Estabrooks – Translating Research in Eldercare • Ted McDonald – Health Data Research Network Canada Moderator - Dr. Jacqueline Gahagan	Multi-Purpose Room, 3 rd Floor Rosaria Student Centre
2:00-2:15 PM	Conference Closing – Dr. Janice Keefe	Multi-Purpose Room, 3 rd Floor Rosaria Student Centre

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